



René Pfaff & Associates

SIELKUNDIGES * PSYCHOLOGISTS

076 317 6412 ♦ 50 Old Stellenbosch way Somerset West ♦ admin@myfamilypractice.co.za ♦ Practice Number 0458996



SOMERSET WEST KUNG FU ACADEMY

♦ 081 300 8111 ♦ 9 Hammond Road, Onverwacht, Strand ♦
ssw.kungfu.academy@gmail.com

We are very happy to announce that we will be partnering with the Somerset West Kung Fu Academy to assist in the holistic development and support of their students.

We would like to engage with parents and students to find out what their needs are with regards to this new service. Please indicate your interest and provide suggestions below. We will appreciate it if you could send this back by e-mail address above or hand in to Andre at your next class by 15 June.

Suggested activity	Content	Cost	Interested?
3-hour Seminar Weekend/ Holiday Interactive, age-appropriate Group session with children to focus on necessary life skills.	Topics will be linked to Kung Fu concepts and will include <ul style="list-style-type: none"> • Self esteem • Social Skills • Assertiveness & Conflict Management • Dealing with Pressure and Anxiety • Other - Please specify needs 	R 300 per child	I want my child to attend this group seminar. <input type="checkbox"/> Yes <input type="checkbox"/> No
3 Hour Parental Weekend Seminar	Topics will relate to parenting concepts to better deal with current issues faced by parents and children. Please specify any needs: 	R 450 per parent/ couple	I /we want to attend this group seminar. <input type="checkbox"/> Yes <input type="checkbox"/> No
Group Therapy Small group therapy	6 group sessions with 6-8 other children of the same age group to discuss and address any issues that each child may bring to the safe, confidential and supportive peer group in an interactive, and highly facilitated manner.	R 300 per 90 min session. Must commit to all 6 sessions	I feel my child can benefit from group therapy <input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Counselling	6 individual 50 min sessions with a child to address any specific hurt / trauma / academic- / social- / emotional- or behavioural problems or lack of skills relevant specifically to them	Reduced fees please contact us. Contracted to all medical aids	I feel my child can benefit from <input type="checkbox"/> Scholastic Assessment <input type="checkbox"/> individual counselling <input type="checkbox"/> Not interested now

Comments/ Suggestions/ Questions/ Needs:
